



GB Connected :

USEFUL RESOURCES FOR LEADERS AND PARENTS



**A RESOURCE
FOR LEADERS
– PART 2**



useful resources for leaders and parents

Welcome to GB International's second GB Connected resource designed to help parents and leaders across the world support children and young people during this difficult time.

There are many great organisations and faith movements around the world who have produced free resources for leaders and parents. The aim of this resource to signpost you to some of them. We've grouped them under the following headings:

- **Growing faith** – fantastic ideas for growing faith in the home
- **Understanding COVID-19** – providing some factual info
- **Practical support for parents and leaders** – some fresh programme ideas and opportunities for support
- **Pastoral support for parents and leaders** – looking after your soul
- **Pastoral support for children and young people** – links to specialist organisations
- **Managing grief and loss** – practical resources to help children and young people
- **Prayer resources** – get involved in a global prayer movement
- **Fun, silly activities** – keeping members smiling!

The International President's Committee hopes that this resource will help leaders maintain positive relationships with GB members. Our challenge is to be physically distant (to stop the spread of the virus) but to remain socially connected to our members who need our help and support during this difficult time.

Don't forget to download our free GB Connected resource – Part I [here](#). It is full of great tips for leaders to help support children and young people during this difficult time.

Thank you for all that you're doing to seek, serve and follow Christ.

God bless - Keep safe and well.

Growing Faith

- **Bible 2020 by The Bible Society** - Bible 2020 is a global movement reading God's Word aloud across the world. Download the app and get members of your GB groups and families to read part of the Bible aloud: bible2020.org
- **Open Doors Youth** – It has created some incredible resources for young people and youth leaders for this time of isolation – learning lessons from the persecuted church. These resources are available in several different media forms and explore themes of uncertainty, isolation, lack and fear. Subscribe here: opendoorsyouth.org/do-something/isolated/
- **Messy Church** – It is providing Messy Church at home resources each week until June. They include stories, craft, prayers and food ideas. These could be used at home within your family or shared with your GB families: messychurch.org.uk/resources/messy-church-home-ideas
- **Guardians of Ancora by Scripture Union** – This is a free digital game that 8 to 11 year-olds can enter, and a place where the Bible stories come alive: guardiansofancora.com
- **The Bible Project** - It has created weekly small group and church bible study resources. You'll receive an email every week containing: a Bible Project video, a short audio message, 2-3 scripture readings and 6-8 discussion questions. Find out more: bibleproject.com/church-at-home/
- **Make and Play by Scripture Union** - Make & Pray is Scripture Union's brand new series of Bible-themed make-at-home craft activities with related prayer ideas. Ideal to share with children and families in your communities who are looking for things to do! Click here: content.scriptureunion.org.uk/make-and-pray?utm_source=The+95&utm_campaign=bffe6848db-EMAIL_95-update_Make%26Pray&utm_medium=email&utm_term=0_6e53cddf43-bffe6848db-265537181



Understanding COVID-19

- **Youth and Children's Work Magazine** – A great article on how to help children and young people with additional needs understand the current situation. Read it here: youthandchildrens.work/Read/Blog/Helping-children-with-additional-needs-understand-Coronavirus
- **Vision Christian Media** - It has a selection of trusted Christian content relating to Coronavirus. This includes helpful information, articles, videos from Vision teachers and interviews as heard on Vision Christian Radio. You can also hear radio Sunday services: vision.org.au/coronavirus/

Practical support and ideas for leaders and parents

- **Together Apart by Youthscape** - This is a short series of curriculum resources enabling leaders to explore life and faith with young people, and is designed specifically for use in the context of an online youth work session. Sessions explore discipleship themes like trusting God and prayer. Download here: youthscape.co.uk/store/product/together-apart
- **Coronavirus Hub by Youthscape** – This is a regularly-updated hub dedicated to helping youth leaders respond to the COVID-19 pandemic and its packed with lots of great ideas and signposts other resources: youthscape.co.uk/coronavirus
- **Youthworks** – This blog has some simple ideas you could use or adapt to support the children in your ministry such as handwritten letters: youthworks.net/articles/9-ideas-for-long-distance-childrens-ministry?fbclid=IwAR1a_XY31AHY8Om6TV8Cwtz8jYYH1-Tss9kgbVc3NhmmKRI_edl4kCqgAA
- **Fusion** - This student movement has produced information for running small groups online. It is also offering free online training: fusionmovement.org/smallgroupsonline



Pastoral support for leaders and parents

- **Exploring Spiritual Disciplines** - Join the Onelife team on a journey through Richard Foster's Celebration of Discipline. They're spending 12 weeks exploring the 12 spiritual disciplines in the book together. Find out more: onelifeleaders.com/blog/category/Celebration+of+Discipline
- **Daily Examen** - Watch this video for a take on the daily Examen, an ancient spiritual discipline. Helping us find God in the everyday: youtube.com/watch?v=Kafkh_SQ1RI

Pastoral support for children and young people

- **Shaken by The Big House** – mental health charity The Big House will be sharing 2 blog posts a week (every Tuesday and Friday) to help young people stand UNSHAKEN. Each post is designed especially for young people - consisting of 20 healthy coping mechanisms to explore and discover, as well as 20 ways to stay tuned into God's voice: thebighouse.org.uk/blog
- **Self soothe box** – Young Minds have suggested that a helpful tool for difficult times is a 'self-soothe box,' which can help if you're struggling with feelings of anxiety or panic. Find out more here: bbc.co.uk/bitesize/articles/zfy3382
youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/
- **Childline** – it has created 10 tips to help during lockdown and help for young people who are worried or struggling with anxiety: childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/
- **NSPCC** - if a child is anxious or worried about coronavirus (COVID-19), there are things we can do to help. And if they're struggling with their mental health, the NSPCC have advice to help support them and keep them safe: nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/

Managing grief and loss

- **Death, grief and loss booklet by Church Army** – This booklet aims to help youth workers and church leaders help young people who have been bereaved during the COVID-19 crisis. Download it here: churcharmy.org/Groups/341046/Church_Army/web/What_we_do/Resources/Death_Grief_and/Death_Grief_and.aspx

Prayer resources

- **24/7 Prayer resources** – lots of individual, family and group prayers to help you pray during this difficult time: www.24-7prayer.com/coronavirusprayer
- **Unite 714** – This is a prayer initiative across churches, denominations and countries to pray at 7:14 twice a day, morning and evening, for an end to the Covid-19 pandemic and for God's healing power. You can find more info and the prayers to download each week here: www.24-7prayer.com/unite714?fbclid=IwAR0kCUzOp5BS4FKoNUHVcNfet-krULJVgrwETm2qBQNsh6l9Y6ibNvGGu70

Fun activities

- Youthscape have created a list of 99 things to do: youthscape.co.uk/services/youth-work-news/lockdown-99
- Dyson engineers have created some fun challenges especially for children such as building a chair from cardboard: jamesdysonfoundation.com/resources/challenge-cards.html
- Evangelical Alliance have provided lots of information such as prayer ideas, doing church digitally, supporting parents in homeschooling and caring for society's most vulnerable groups: eauk.org/coronavirus?ref=modal

Disclaimer: Throughout this resource, you will find links to external websites. Although we make every effort to ensure these links are accurate, up to date and relevant, GB International cannot take responsibility for pages maintained by external providers. Links do not constitute an endorsement or an approval by GBI of any of the products, services or opinions of the corporation or organization or individual.



gbworldwide.org